World Olive Center for Health
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Athens: **06/11/2024**

Cert. Num: **C2425-00172**

CERTIFICATE OF ANALYSIS

Brand Name: Olive Oil Liva
Owner: KRIMNIANIOTIS NIKOLAOS
Variety: KORONEIKI
Origin:
Harvesting Period: OCTOBER 2024
Oil Mill:

Analysis Date: 03/10/2024

Production Date: 02/10/2024

Chemical Analysis

Oleocanthal	498	mg/Kg
Oleacein	320	mg/Kg
Oleocanthal+Oleacein (index D1)	818	mg/Kg
Ligstroside aglycon (monoaldehyde form)	39	mg/Kg
Oleuropein aglycon (monoaldehyde form)	36	mg/Kg
Ligstroside aglycon (dialdehyde form)*	225	mg/Kg
Oleuropein aglycon (dialdehyde form)**	114	mg/Kg
Free Tyrosol	14	mg/Kg
Total tyrosol derivatives	776	mg/Kg
Total hydroxytyrosol derivatives	471	mg/Kg
Total polyphenols analyzed	1.246	mg/Kg

Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis.
The daily consumption of 20 g of the analyzed olive oil provides 24,93mg of hydroxytyrosol, tyrosol or their derivatives.
Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.
It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.
The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.
The results relate to the analyzed sample.
*Oleomissional+Oleuropeindial **Ligstrodial+Oleokoronal

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